

## ST164: Cetylstearylalcohol

### CAS#: 8005-44-5

#### Patient Information

Your patch test result indicates that you have a contact allergy to cetylstearylalcohol. This contact allergy may cause your skin to react when it is exposed to this substance although it may take several days for the symptoms to appear. Typical symptoms include redness, swelling, itching, and fluid-filled blisters.

#### Where is cetylstearylalcohol found?

Cetylstearylalcohol is an emollient and lubricant found in facial creams, lotions, and hair conditioners.

#### How can you avoid contact with cetylstearylalcohol?

Avoid products that list any of the following names in the ingredients:

- (C16-C18) Alkyl alcohol
- (C16-C18)-Alkyl alcohol
- EINECS 267-008-6

#### What are some products that may contain cetylstearylalcohol?

- Creams
- Shampoos and Conditioners

\*For additional information about products that might contain **cetylstearylalcohol**, go to the Household Product Database online ([householdproducts.nlm.nih.gov](http://householdproducts.nlm.nih.gov)) at the United States National Library of Medicine. These lists are brief and provide just a few examples. They are not comprehensive. Product formulations also change frequently. Read product labels carefully and talk to your doctor if you have any questions. These are general guidelines. Talk to your doctor for more specific instructions.