



the art and science of smart patch testing™

NA67: Benzyl alcohol

CAS#: 100-51-6

Patient Information

Your patch test result indicates that you have a contact allergy to benzyl alcohol. This contact allergy may cause your skin to react when it is exposed to this substance although it may take several days for the symptoms to appear. Typical symptoms include redness, swelling, itching, and fluid-filled blisters.

Where is benzyl alcohol found?

Benzyl alcohol is found in over-the-counter medications, topical creams, lotions, shampoos, and facial cleansers as an antibacterial, preservative, and/or fungicide. Benzyl alcohol is found in many naturally occurring plant products such as Balsam of Peru and is also a component of essential oils such as hyacinth, jasmine, and ylang ylang oils. Benzyl alcohol is also prevalent in hair dyes, shampoos, facial cleansers, sunscreens, fragrances, and cosmetics.

How can you avoid contact with benzyl alcohol?

Avoid products that list any of the following names in the ingredients:

- (Hydroxymethyl)benzene
- Benzenemethanol
- Benzoyl alcohol
- Benzyl alcohol
- Hydroxytoluene
- Methanol, phenyl
- Phenylcarbinol
- Phenylmethanol
- alpha-Toluenol

What are some products that may contain benzyl alcohol?

Cosmetics:

- Avon Extreme Volume Flexicoat Maximizing Mascara
- CoverGirl Advanced Radiance Makeup Base
- CoverGirl Advanced Radiance Restorative Cream
- CoverGirl Fantastic Lash
- CoverGirl Incredipull Volumizing Lipstick
- CoverGirl Lash Exact
- CoverGirl Multiplying Mascara, Black X2
- CoverGirl Multiplying Mascara, Soft Black
- CoverGirl Multiplying Mascara, Soft Brown
- CoverGirl Professional Mascara
- CoverGirl Remarkable Washable - Waterproof
- CoverGirl Super Thick Lash - Smudgeproof

- CoverGirl Super Thick Lash Mascara
- CoverGirl Triple Mascara, Black Brown
- CoverGirl TRU Blend
- CoverGirl TRU Blend Whipped Foundation
- CoverGirl Ultimate Finish Liquid Powder
- CoverGirl Volume Exact
- Maybelline Wet Shine Fusion
- Neutrogena Healthy Skin Cream Powder Makeup - SPF 20
- Neutrogena Visibly Even Makeup

Deodorant:

- Old Spice Classic Stick-Original Scent

Foods:

- Apricots
- Cranberries
- Cocoa
- Honey
- Mushrooms
- Snap peas

Hair Care:

- Clairol Herbal Essences, True Intense Color, 40-Garnet Blaze, Bright Burgundy
- Clairol Herbal Essences, True Intense Color, Honey Fusion, 26-Moon Dance
- Clairol Hydrience Permanent Hair Color, Amber Sunrise, 20A, Med. Reddish Blonde
- Clairol Hydrience Permanent Hair Color, Bamboo, 14, Dark Golden Blonde
- Clairol Hydrience Permanent Hair Color, Black Pearl
- Clairol Hydrience Permanent Hair Color, Cocoa Harbor, 38
- Clairol Hydrience Permanent Hair Color, Mocha Splash, 44, Medium Brown
- Clairol Hydrience Permanent Hair Color, Russet Glow, 33, Dark Auburn-
- Clairol Hydrience Permanent Hair Color, Oasis, XL02, Extra Light Blonde
- Clairol Hydrience Permanent Hair Color, Russet Glow, 33, Dark Auburn
- Clairol Loving Care Haircolor, Level 1, Dark Warm Brown 82
- Clairol Loving Care Haircolor Level 1, Light Brown 755-
- Daily Defense 2 in 1 Shampoo + Conditioner for All Hair Types, Water Lily
- Daily Defense Conditioner for Dry/Damaged/Color Treated Hair, Tender Apple
- Daily Renewal 5X Refresh Conditioner
- Head & Shoulders Dandruff Shampoo-Dry Scalp
- Head & Shoulders Dandruff Shampoo For Fine-Oily Hair, Ultimate Clean
- Head & Shoulders I Refresh Dandruff Shampoo
- Imina Conditioning Anti Dandruff Shampoo
- Imina Moisture Build Conditioner
- LOreal Preference les Blondissimes Haircolor, Extra Light Ash Blonde LB01
- LOreal Preference les Blondissimes Haircolor, Extra Light Natural Blonde LB02
- Pantene Pro V Color Revival Conditioner
- Pantene Pro V Constant Care Conditioner
- Pantene Pro V Deep Hydrating Treatment-
- Pantene Pro V Essentials, Daily Strengthening Complex-
- Pantene Pro V Essentials Instant Hair Quencher
- Pantene Pro V Hydrating Curls Conditioner
- Pantene Pro-V: Provitamin Daily Treatment Conditioner-Dry Hair
- Pantene Pro V: Provitamin Daily Treatment & Conditioner-Fine Hair
- Pantene Pro V Smooth & Sleek Conditioner
- Pantene Pro V Sheer Volume Conditioner
- Physique Curl Defining Conditioner

- Physique Deep Hydrating Conditioner-Intense Moisturize
- Physique Straight & Control Conditioner
- Physique Volume Boosting Gel
- Physique Volumizing Conditioner

Industrial Products:

- Ardex S-MC Hardener (Part A & B) (Ardex Moisture Control System)
- Ardex P-MC Hardener (Part A & B) (Ardex Moisture Control System)(Part A)
- ChemRex Concrete Primer CX85 Resin5
- CX Concrete Primer-Part A Resin
- Duro Epoxy Putty Sealant
- Sherwin-Williams Armorseal Crack Filler (Part A),

Oral Care:

- Anbesol Maximum Strength Oral Anesthetic withBenzocaine (20%)-(all types)
- Zilactin Early Relief Cold Sore Gel

Shaving Cream, gel:

- Aveeno Therapeutic Shave Gel
- Edge Active Care Therapy Fragrance Free Shave Gel
- Edge Advanced Gel - Ultra Sensitive
- Old Spice After Shave
- Old Spice Pre Electric Shave Lotion

Skin Care:

- A+D Zinc Oxide Diaper Rash Cream with Aloe
- Avon ANEW RETROACTIVE Age Reversal Face Cream
- Avon Clearskin Facial Cleansing Scrub
- Avon Clearskin Targeted Blemish Remover
- Aveeno Daily Moisturizing Lotion
- Aveeno Daily Moisturizing Lotion for Dry Skin
- Aveeno Gentle Skin Cleanser for Moisturizing Dry Skin
- Aveeno Moisturizing Lotion, Itch Relief With Natural Colloidal Oatmeal
- Aveeno Overnight Itch Relief Cream
- Bactroban cream
- B.F.Ascher Itch-X Gel
- Desenex Cream
- Elidel cream
- Imina Deep Conditioning Rinse Out Therapy Formula
- Imina Foaming Cleansing Cloths
- Imina Intensive Moisture Conditioner
- Johnsons Baby Bedtime Lotion
- Johnsons Baby Lotion, Aloe Vera & Vitamin E
- Johnsons Baby Lotion, Original
- Lamisil AT Cream
- Lamisil AT Gel
- Lotrimin AF Ultra Cream
- Noxzema H2Foam Cleansing Cloths
- Olay Daily Facials Normal/Dry
- Olay Daily Facials Normal/Oily
- Olay Total Effects Cleansing Treatments
- Olay Total Effects Moisturizing Vitamin Complex
- Olay Total Effects Moisturizing Vitamin Complex w/UV Protect
- Olay Total Effects with VitaNiacin Moisturizing Vitamin Complex
- Ponds Clear Cold Cream

- Sarna Sensitive Anti-Itch Lotion

Sunscreen:

- Coppertone ES Ultrasheer Sunscreen Faces Lotion - SPF 45
- Coppertone Kids Sunblock Lotion - SPF 50
- Coppertone Oil-Free Sunblock Lotion - SPF 30
- Coppertone Oil-Free Sunblock Lotion - SPF 45
- Coppertone Quick Cover Lotion Spray - SPF 50
- Coppertone Sunblock Lotion - SPF 15
- Coppertone Sunblock Lotion - SPF 30

*For additional information about products that might contain **benzyl alcohol**, go to the Household Product Database online (<http://householdproducts.nlm.nih.gov>) at the United States National Library of Medicine. These lists are brief and provide just a few examples. They are not comprehensive. Product formulations also change frequently. Read product labels carefully and talk to your doctor if you have any questions. These are general guidelines. Talk to your doctor for more specific instructions.